

Sixth Form Internship



Regardless of any future aspirations or plans a sixth form internship is a key component in your preparations for life after Hardyes. For some it will be a “foot in the door” of future employment whilst for others it could be the competitive edge they need when applying for university courses and undergraduate internships. It is important that a sixth form internship is tailored to an individual’s circumstances and that they take the lead in researching what they would like to do.

A sixth form internship is also an opportunity to learn from work alongside experienced people and learn more about the kind of jobs they think they like to do

Prospects website:

<https://www.prospects.ac.uk/jobs-and-work-experience/work-experience-and-internships>

Types of Internship

The typical internship with a local employer normally lasts up to a week and students work during normal office hours. Ideally these should be organised via Mrs Weir (DASP work experience coordinator) who is in the sixth form centre on a Wednesday and her office based in the library the rest of the week.

Professions where this type of internship is particularly applicable are Architecture, accounting, law and teaching

School Holiday Internship

Most big employers, particularly those with progressive apprenticeship schemes graduate training programmes have a work experience programme they

advertise and run once or twice a year during school holidays. You must organise these as an individual as they are not run during term time. Engineering, Banking and Finance, Software Design



or

Long term Volunteering

This style of internship normally involves a weekly commitment and is particularly valuable if applying to study a highly competitive course at university such as medicine, veterinary medicine or dentistry. These internships can be organised through Mrs Weir or as an individual.

Short term Volunteering

This style of internship normally revolves around a specific event such as the Dorchester Literacy festival, a school holiday activity or an archaeological dig and are normally organised by individuals.

Students who are fortunate enough to have family or friends who can facilitate relevant work experience are strongly encouraged to do so. It is important that the school is kept informed of any opportunities students seek out as this will enable us to maximise the benefit gained by the student and have a positive impact on references we write in the future.

Anecdotal evidence from teachers suggests that students who have had some kind of meaningful work experience or sixth form internship are more mature and motivated in their approach to their studies. Our aim therefore is that by the time student's return to school at the start of year 13 they will all have taken up such an opportunity or taken part in a scheme such as the NCS.

National Citizen Service (NCS)



NCS is a way for **15** to **17** year olds living in England and Northern Ireland to make extraordinary friendships, learn the skills they don't teach you in class and create unforgettable memories.

Phase 1: **Adventure**

In your first week you'll live with your team at an outdoor activity centre, getting to know each other and experiencing the freedom of being away from home with new friends.

Phase 2: **Future**

Next you will be reunited with your group to live away from home whilst getting to know your local community and building your skills.

Phase 3: **Making a Difference**

Now you will put all the skills and experiences you've learnt into practise as a team agreeing on a social action project that will really make a mark on your local community.

Phase 4: **Graduation**

Once you've completed the programme, you're now part of the bigger NCS family, having the chance to attend some of the greatest shows and events going.

This is only available for young people aged **15-17** (School years 11 & 12), and only costs **£50** – for a two week holiday with all food and activities included!

Financial support is available – contact NCS for more

For more information, visit www.ncsytes.co.uk/, email ncs@weymouth.ac.uk, call **07813126593**, or find 'NCS Dorset' on Facebook

